

FREE RESOURCES FOR UNPLANNED PREGNANCY, provided by offices of Archdiocese of St. Louis

A more help can be found at Office of Respect Life Apostolate [www.archstl.org](http://www.archstl.org)

\*\*indicates outside agency

Our Lady's Inn\*\*: shelter and support for pregnant women and their children

3607 Highway D

Defiance, MO 63341

636-398-5375

[www.ourladysinn.org](http://www.ourladysinn.org)

Birthright, St. Charles\*\*: supports women facing unplanned pregnancies with one-on-one accompaniment, including financial and counseling support (multiple locations throughout archdiocese).

205 North Fifth St.

St. Charles, MO 63301

636-724-1200

[www.birthrightstcharles.org](http://www.birthrightstcharles.org)

Good Shepherd Children & Family Services: a full range of housing support including maternity shelter and transitional living services for teen and young adult pregnant mothers, as well as in-home crisis counseling, parenting education, and financial assistance.

1340 Partridge Avenue

St. Louis, MO 63130

314-854-5700

[www.goodshepherdstl.org](http://www.goodshepherdstl.org)

Queen of Peace Center: treatment and shelter for mothers struggling with addiction and their children

325 N. Newstead

St. Louis, MO 63108

314-531-0511

[www.quopstl.org](http://www.quopstl.org)

The Sparrow's Nest Teen Maternity Home

Highway K

O'Fallon, MO

636-336-2534

[www.thesparrowsneststl.org](http://www.thesparrowsneststl.org)

Respect Life Apostolate

Blessed Teresa of Calcutta Fund is available to relieve the financial burdens of an unplanned pregnancy

314-792-7555

[www.STLrespectlife.org](http://www.STLrespectlife.org)

Project Rachel

314-277-5057

[Marisolpfaff@gmail.com](mailto:Marisolpfaff@gmail.com)

professional, confidential counseling, spiritual support groups, for women suffering from an abortion experience

Project Joseph

314-792-7565

[www.stlprojectjoseph@archstl.org](mailto:www.stlprojectjoseph@archstl.org)

professional, confidential counseling, spiritual support groups, for men suffering from an abortion experience

Defenders of the Unborn\*\*: helps mothers in crisis pregnancies with a variety of material needs

314-346-9052

[www.stl-defenders.com](http://www.stl-defenders.com)

Coalition for Life\*\*: through Women's Care Connect, offers individualized support for pregnant women

Women's Care Connect

314-827-4039

[www.coalitionforlifestl.com](http://www.coalitionforlifestl.com)

Mary Queen of Angels\*\*: provides clothing and other necessities for newborns through size 4

Unit 2, 211 E. Elm

O'Fallon, MO 63366

636-579-7083

Defenders of the Unborn\*\*: helps mothers in crisis pregnancies with a variety of material needs

314-346-9052

[www.stl-defenders.com](http://www.stl-defenders.com)